

Saddleworth and Lees District E-update February 2018

information on events, opportunities and services available which may be of interest to you, your community group, club or business you represent.

Please like us at www.facebook.com/lovesaddleworthandlees

Don't forget to check out www.saddleworthfm.com

Listen between 8-9am Monday to Friday to the Saddleworth News Hour and Home Run, between 5-6pm Monday to Friday for news and information updates.

Tap the app: www.saddleworthfm.com

New Shuttle Bus for Saddleworth

From Monday 9 April 2018 a new bus service, funded by Transport for Greater Manchester (TfGM), will operate in Saddleworth connecting the villages of Denshaw, Delph, Dobcross, Diggle and Uppermill. During peak times the service will connect to Greenfield Station. During the day the service will run to Uppermill (taking people to the leisure centre).

The timetable will be timed to connect with peak time services at Greenfield station. It will run from 7am to 11pm from Monday to Thursday. A later finishing time of midnight on Friday and Saturday is timed to pick people up at Greenfield Station when the last train from Manchester arrives. It will allow people to stay out later and get public transport home. This will be a large improvement and will hopefully provide a real public transport boost to the local economy.

TfGM will be continuing the Local Link service which will help people in the villages who cannot access the new bus.

It is recognised that a regular bus service, with set times that run in sync with local rail connections, makes travel easier for customers and provides greater connections to leisure, retail and job opportunities.

At the District Partnership meeting on Thursday 18th January, 2018 Councillors urged residents to use the service 'Use it or lose it'.

The timetable will be published nearer to the time of the service launch and will take into account the new train timetables from May 2018.

Carriageway Works to Car Park Area Uppermill Museum

OMBC Highways operations will be carrying out re surfacing works to the car park at the side of the Museum. The work will commence on Wed 21st February to Friday the 23rd February 2018 Inclusive and should last for three days.

Unfortunately this will mean the complete closure of the car park for the duration of the works.

We apologise for the inconvenience in advance that this may cause but I am sure you will appreciate the improvement once this essential work has been carried out.

If you have any queries with operations on site please contact the Highways office on 0161 770 3638 or e-mail highwaysops@oldham.gov.uk.

The Council is constantly striving to improve its services to its customers and I am sure you will welcome the improvements the works will bring to the car park over the coming weeks.

Rail Line Closures

the line between Stalybridge and Manchester Victoria will be closed for 3 weekends:-
10th and 11th, **17th and 18th, 24th and 25th**

Trains will travel from Huddersfield to Stalybridge and then it will be a bus to Victoria or a train (TransPennine Express) to Manchester Piccadilly.

Old Mill House Restaurant

Opportunity to run your own small business

Are you at a loose end and motivated enough to run your own small business on a part time basis?

Would you like to meet new people, make friends and work in a happy friendly environment?

If so...Old Mill House in Springhead could possibly be what you are looking for!

We are currently looking for someone to run their own small business providing home cooked lunches from Monday to Friday and breakfast on Saturday morning, for our elderly and vulnerable residents, friends and families.

You will generate your own income and have exclusive use of a fully equipped catering kitchen. If you think this is the job for you please get in touch.

Ring Dianne Hayes, Extra Care Court Manager on 0370 192 4384 / Mobile 07889 938329

Oldham Coliseum Theatre

NEW Dementia Friendly workshops


LEARNING AND ENGAGEMENT Dementia Friendly

New Dementia Friendly Workshops

We're launching a new group this spring for people living with dementia and their friends and family members. Join us at the theatre for a coffee morning and creative activities inspired by the Coliseum's heritage. With support from Oldham Local Studies and Archives, we'll be delving into the Coliseum's history and reminiscing about memories of Oldham's infamous 'Rep' theatre.

Sessions run from 11am – 1pm on Tuesdays: 27 February, 13 March, 27 March, 17 April, 1 May, 15 May, 29 May, 12 June and are free to attend.

For more information or to book your place contact boxoffice@coliseum.org.uk or call 0161 624 2829.

The project is generously supported by Mind.  **mind** Tameside, Oldham and Glossop



Dementia Friendly Performance:

The Kitchen Sink by Tom Wells

Wednesday 14 February, 2.30pm

We know that many people with dementia have spent a lifetime going to theatre and concerts. We want to re-connect people living with dementia, together with their friends and family, to life-enhancing shows at the Coliseum through this special event.

For more information or to book contact boxoffice@coliseum.org.uk or call 0161 624 2829.

Our Dementia Friendly events are programmed in partnership with the 'A Life More Ordinary' Project at The Dukes Theatre, Lancaster.



Community Brew at the Satellite Centre, Greenfield 2nd Monday of each month

Join us at the Satellite Centre, Greenfield, for a good old chat, tea, coffee and cake!
A warm welcome to all!
£2 entry donation in aid of local charitable organisations
10.30am – 12Noon

Satellite Community Centre
Wellington Road
Greenfield
Contact: Liz Rooke 07980 419172

Introducing the WEDNESDAY BRUNCH CLUB in a Pub!

The King William IV, Chew Valley Road, Greenfield
10am – 12Noon

This new weekly Brunch Club is a wonderful way for people to get together and meet new friends all over unlimited cuppas and a bacon or sausage sarnie!
For just £3.60!

Join us 10am – 12Noon every Wednesday at
The King William IV, Chew Valley Road, Greenfield OL3 7DD
(Weather permitting)

For further information or to book you place,
Call Kryshia on 0161 633 0213 or email Kryshia.winkler@ageukoldham.org.uk

VOLUNTEERS MAKE A DIFFERENCE

Memory café at Lido House

Volunteers required

An hour or two a month to help us make it happen!

For more details contact:
Victoria Shaw, Court Manager
Court Manager
Lido House, Grotton, Oldham
Tel 0370 1924451

Above & Beyond

The closing date for nominations for the ten 2018 Above & Beyond Awards is 28th February 2018. These awards are open to any individual or group within Saddleworth. If you know of anyone or any organisation who has gone that extra mile for their community now is your chance to put them forward for one of these awards.

The winners will be decided by an independent panel and the awards are backed by Saddleworth and Lees District Partnership.

To enter, send your choice of winner, with a written citation (350 words) by email to kd_bennett@yahoo.co.uk or write to A&B Awards, Upperhouse, Oldham Road, Dobcross, OL3 5RD. Remember to add your contact details too.

MORE MOBILE

Age UK Oldham

New and reconditioned Wheelchairs and Walkers
Great comfort at a great price.

Wheelchairs - New from £105.60

Walkers – 2nd Hand from £25

We offer a range of competitively priced new and second hand wheelchairs and walkers to suit your specific needs.

Wheelchair servicing also available

Tel Age UK Oldham 0161 622 9266

Early Help

FREE Help for you and your family

Do you or a family member need practical help to support you to take control of your life?
Do you and your family have difficulties such as housing, money, parenting, confidence, looking for work or want to improve an area of your life?

There are different levels of support available – and it's all FREE!

FOR AN EARLY HELP REFERRAL RING 0161 770 6672

The Oldham Early Help programme is delivered by the Oldham Together Partnership of Positive Steps, Oldham Council, Threshold Housing, Hope Citadel CIC and Associate Partners.

MIND

FREE Mental Health Services available in Oldham

The Tameside, Oldham and Glossop branch of mental health charity MIND, are working in partnership with NHS Healthy Minds Oldham and have created a range of new services for residents over the age of 16. The new services provide huge benefits for the health and wellbeing of people living in Oldham and best of all, they're free to access.

Services include:

- Mental health and wellbeing M.O.T. Workshops
- Drop-in sessions
- Active Monitoring
- Taster workshops and courses

For further details Tel: 0161 330 9223

Email: office@togmind.org

OCL Sit and Get Fit

Chair Based Exercise Classes available

Springlees Court, Springhead Oldham

Every Monday 1.15pm – 2pm with Neil

No need to book

For further details please ring 0161 207 7000

Riverside House, Kenworthy Gardens, Uppermill

Every Tuesday 10am – 10.45am with Paddy

No need to book

For further details please ring 0161 207 7000

Oldham Age UK

FREE P.I.P. Service (Promoting Independent People)

Helping you to remain independent in your community by reducing isolation and increasing your confidence

This service can offer and support you with a wide range of services in your area, including:

- General advice, money and benefits
- Lunch Clubs
- Falls Prevention
- HandyVan
- IT Classes
- Leisure and Social Activities
- Disability, Mobility & Healthcare Aids
- Home Energy Check
- Shopping Delivery

To find out more, please call 0161 622 9266 or contact your GP Surgery or District Nurse

Email: pip@ageukoldham.org.uk

Grains Bar Hotel has been renovated and is open for business!

Grains Bar Farm, Ripponden Road, Oldham

We have been renovating the hotel giving the hotel a fantastic new look and want to share this with our community.

We are running a MEAL DEAL Promotion for Pensioners every Thursday Evening from 6pm.

We do off a different meal option each week to keep it interesting. We can cater for 30 people, and in the summer months this can extend to 50.

We also have an offer for People who have Carers.

Please spread the word.

For further details contact;
Grains Bar Hotel Limited
Grains Bar Farm
Ripponden Road
Oldham
OL1 4SX

Tel: 0161-624-0303

Web: www.grainsbarhotel.co.uk

#ANDYSMANCLUB

- Single biggest killer of men under 45 in the UK is suicide
- 42% of men aged between 18 and 45 have contemplated taking their life
- Over 4200 men in 2014 took their own life
- That's 1 man every 2 hours
- ITS TIME TO CHANGE THIS!

JOIN THE CONVERSATION
Oldham Leisure Centre, Middleton Road, Oldham
Every Monday 7pm

OLDHAM@ANDYSMANCLUB.CO.UK
WWW.ANDYSMANCLUB.CO.UK
INFO@ANDYSMANCLUB.CO.UK
#ITSOKAYTOTALK

Oldham Lifelong Learning

Variety of FREE courses available to groups.

Free taster sessions available for community/voluntary groups to engage learners followed by a 3 to 5 week themed course. These can be flexible to meet the needs of groups of learners and a minimum of 10 enrolments is required to run any course. Advice and guidance is provided to learners regarding progression routes to help them achieve their goals.

HEALTH AND WELLBEING

- Eat Well Be Active (setting goals to improve healthy eating and increase levels of activity to promote healthy lifestyles)
- Yoga, zumba and gentle exercise classes
- Holistic therapies
- A range of themed cookery courses (bespoke kitchen at Turf Lane Lifelong Learning Centre)
- Introduction to Food Hygiene/ Introduction to nutrition
- Food Safety Level 2/ Nutrition for Health Level 2

PRE-EMPLOYABILITY

- Looking Forward course (confidence, communication, motivation and goal setting in the context of work)
- 'Introduction to..' courses include: first aid at work/ paediatric first aid/ food safety/ nutrition/ or Health and Safety at work
- Enterprise courses

OTHER TASTER SESSIONS/ SHORT COURSES:

- Computer skills (must be in an ICT suite)
- Creative art and crafts/ e.g. First steps in jewellery making
- Sewing classes – Fashion Design, pattern cutting, make do and mend

- Energy saving and DIY/ gardening
- Communication through craft classes to help learners practise their English

Lifelong Learning also offer a wide range of accredited/non accredited courses in the following curriculum areas:

English and Maths

ICT, Business, Family Learning

Employability, Care and Education, Volunteering

ESOL, Modern Foreign Languages, Teacher Training.

For further details please contact:

Partnerships and Community Engagement Team (PACE) Tel: 0161 770 8268

Curriculum Manager: Kim Boughey 0161 770 8029.

Programme Leaders: Joanne Rosler 0161 770 5807 and Yvette Cotman 0161 770 8025

Action Together

For the latest news and updates for voluntary and community groups, and funding opportunities and support please see check out their website

<https://www.actiontogether.org.uk/>

Get Oldham Working

For the latest job opportunities and apprenticeships please visit

https://www.oldham.gov.uk/get_oldham_working

Christine Wilson
Community Development Officer
Saddleworth & Lees District Team
Oldham Council
Uppermill Library - upstairs office
St Chads, High Street
Uppermill
OL3 6AP

Tel: 0161 770 8416

Mobile: 07515 190916

chris.wilson@oldham.gov.uk

www.facebook.com/lovesaddleworthandlees

http://www.oldham.gov.uk/info/200630/saddleworth_and_lees

Warm
homes Oldham

